

**CALL US OR VISIT US**

# **FAMILY RESOURCE CENTER**

**Working to make  
northwest Kansas  
a healthier place  
for all to live,  
work and play.**

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# ABOUT US

Based in Colby, KS, LiveWell northwest Kansas is a long-standing regional non-profit organization working to improve all aspects of "health" in Northwest Kansas.

As an FRC, we assist families with resources that address economic stability, parent skill building and family engagement.

**We're making a difference.  
Improving health  
and well-being for  
40 years**

# WHAT WE DO:

## Parent Education and Leadership & Home Visiting

- Nurturing parenting (in-home and group)
  - Teen parenting
  - Available in group or individual format
  - Substance abuse & recovering focus
- Attachment, Biobehavioral Catch-up (ABC)
  - Toddler
  - Infant
  - Newborn
- Play and learning Strategies (PALS)
  - Infant
  - Toddler
  - Theraplay

## Economic & Health Stability

- Insurance Marketplace enrollment
- Community Health Worker
- Behavioral health services
- Medical CHIP insurance enrollment